

**THE
MOUNT SINAI HOSPITAL
SCHOOL OF NURSING
OF NEW YORK**

VOTAVITA NOSTRA





THE MOUNT SINAI HOSPITAL (*View from Central Park*) SCHOOL OF NURSING AT RIGHT



THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING
FRONT VIEW

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

REGISTERED BY THE STATE BOARD OF REGENTS
OF THE STATE OF NEW YORK

ACCREDITED BY THE NATIONAL LEAGUE
OF NURSING EDUCATION



ANNOUNCEMENT

*FIVE EAST NINETY-EIGHTH STREET
NEW YORK CITY*

1944-46



THE SCHOOL OF NURSING
REAR VIEW, SHOWING TENNIS COURTS

OFFICERS OF ADMINISTRATION AND INSTRUCTION

GRACE ANNE WARMAN, B.S., M.A., R.N.

Principal, School of Nursing, and Superintendent of Nurses

Graduate, Presbyterian Hospital School of Nursing, New York, 1917

B.S., Teachers College, Columbia University, 1933

M.A., Teachers College, Columbia University, 1936

Professional diploma, Administration in Nursing Schools

Teachers College, Columbia University

MINNIE H. STRUTHERS, B.S., R.N.

Assistant Principal, School of Nursing

Diploma, Oak Hill Normal School, West Virginia, 1916

Graduate, The Mount Sinai Hospital School of Nursing, 1932

B.S., Teachers College, Columbia University, 1939

CLARE M. SKALING, B.S., M.A., R.N.

Assistant Superintendent of Nurses (leave of absence)

Graduate, The Mount Sinai Hospital School of Nursing

B.S., Teachers College, Columbia University, 1939

M.A., Teachers College, Columbia University, 1941

LOTTIE M. PHILLIPS, B.S., R.N.

Acting Assistant Superintendent of Nurses

Graduate, The Mount Sinai Hospital School of Nursing, 1932

B.S., Teachers College, Columbia University, 1941

ELIZABETH CLANTON, B.S., R.N.

Supervisor of Instruction

Diploma, Teachers College, Radford, Virginia, 1925

Graduate, The Mount Sinai Hospital School of Nursing, 1931

B.S., Teachers College, Columbia University, 1938

BLANCHE D. GUBERSKY, R.N.

Nursing Arts Instructor

Diploma, New Haven State Normal School, 1926

Graduate, The Mount Sinai Hospital School of Nursing, 1937



WARD INSTRUCTOR TEACHING AT THE BEDSIDE

ESTHER NORMAN, R.N.

Assistant Nursing Arts Instructor

Graduate, The Mount Sinai Hospital School of Nursing, 1941

ELIZABETH B. DI SANT' AGNESE, B.S., R.N.

Science Instructor

Graduate, University of Rochester School of Nursing, 1937

B.S., Teachers College, Columbia University, 1942

FELIXA B. SULESKY, B.S., R.N.

Science Instructor

Graduate, Beth Israel Hospital School of Nursing, Boston, Mass., 1931

B.S., Teachers College, Columbia University, 1943

DOROTHEA HORSTMANN, B.S.

Instructor in Nutrition and Diet Therapy

B.S., Skidmore College, Saratoga Springs, New York, 1937

ESTHER A. HORST, R.N.

Instructor in Medical Nursing

Graduate, Wilkes-Barre General Hospital, 1939

WILMA KJELGAARD, R.N.

Instructor in Surgical Nursing

Graduate, The Mount Sinai Hospital School of Nursing, 1942

SYLVIA M. BARKER, R.N.

Instructor in Pediatric Nursing

Graduate, The Mount Sinai Hospital School of Nursing, 1936

MARION CROZIER, M.A.

Instructor in Physical Education

B.A., Smith College, 1910

M.A., Teachers College, Columbia University, 1927

MAY E. SHAMP, R.N.

Supervisor, Out-Patient Department—Instructor in Public Health Nursing

Graduate, The Mount Sinai Hospital School of Nursing, 1935

CORA L. BALL, R.N.

Supervisor, Pediatric Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, 1914

EDITH G. RYAN, R.N.

Supervisor, Semi-Private Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, 1916

FRANCES D. HERMAN, R.N.

Supervisor, Private Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, 1936

RUTH GOEBEL, R.N.

Supervisor, Operating Rooms

Graduate, The Mount Sinai Hospital School of Nursing, 1931

BESSIE WOLFSON, B.A., M.A., R.N.

Supervisor, Surgical Pavilion

B.A., Pennsylvania State College, 1929

Graduate, The Mount Sinai Hospital School of Nursing, 1934

M.A., Teachers College, Columbia University, 1941

MATHILDA J. REICH, B.S., R.N.

Supervisor, Medical Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, 1931

B.S., Teachers College, Columbia University, 1942

RUTH SPINK, R.N.

Night Supervisor

Graduate, The Mount Sinai Hospital School of Nursing, 1932

FANNIE LISSAUER MENDELSON, B.S., R.N.

Director, Social Service Department

Graduate, The Mount Sinai Hospital School of Nursing, 1913

B.S., Columbia University, 1918



STUDENT NURSES OBSERVE AN OPERATION

SPECIAL LECTURERS
TO THE SCHOOL OF NURSING

| | |
|---|---|
| <i>Medicine</i> | BENJAMIN ELIASOPH, M.D. ARTHUR R. SOHVAL, M.D. |
| <i>Surgery</i> | ARTHUR H. AUFSES, M.D. WILLIAM H. MENCHER, M.D. |
| <i>Gynecology</i> | TO BE APPOINTED |
| <i>Psychiatry and Mental Hygiene</i> | P. GOOLKER, M.D. |
| <i>Pediatrics Including Contagion</i> | ALFRED FISCHER, M.D. SAMUEL WEINER, M.D. GEORGE GINANDES, M.D. |
| <i>Laryngology</i> | IRVING B. GOLDMAN, M.D. |
| <i>Otology</i> | SAMUEL ROSEN, M.D. |
| <i>Ophthalmology</i> | DAVID WEXLER, M.D. JOSEPH LAVAL, M.D. |
| <i>Dermatology</i> | MAX SCHEER, M.D. |
| <i>Public Health</i> | LEO TOBIAS, M.D. |
| <i>Pathology</i> | ALICE BERNHEIM, M.D. |
| <i>Orthopedics</i> | BENJAMIN GREENBERG, M.D. ALBERT SCHEIN, M.D. ALVIN ARKIN, M.D. FREDERICK MARER, M.D. |
| <i>Social Problems in Nursing Service</i> | FANNIE L. MENDELSON, B.S. |

HISTORY AND GENERAL STATEMENT

OF the eighteen buildings now occupied by the Hospital, three are devoted to out-patient work, in which more than one thousand out-patients are cared for daily. The completion of the Semi-Private Pavilion in 1931 increased the bed capacity of the Hospital to more than eight hundred. The Children's Pavilion, Private Pavilion, and Semi-Private Pavilion rate among the most perfectly appointed of hospital buildings. These, with the Out-Patient and Social Service Departments, add to the rich and varied clinical material of the wards, all of which is available for the education of the student nurse.

The present plant represents some ninety years of growth since the original Mount Sinai Hospital was organized and incorporated in 1852 for "benevolent, charitable and scientific purposes." Its first building was a small private dwelling on 28th Street, between Seventh and Eighth Avenues, and accommodated twenty-eight patients. In 1871 the institution was moved to Lexington Avenue, between 67th and 68th Streets, where in a new and larger building two hundred patients were accommodated.

In 1904 the Hospital took possession of its present plant, consisting of ten connected buildings covering the entire block bounded by Madison Avenue, 100th Street, Fifth Avenue, and 101st Street. These buildings, with a capacity of five hundred patients, soon proved inadequate. The Hospital accordingly acquired additional adjoining property and on this new site the erection of seven buildings was begun in 1914. Construction was suspended during the war, after the completion of four of these buildings, but was resumed in 1919, and in the Spring of 1922 the Hospital opened its Private Pavilion, Children's Pavilion, and Auditorium.

In 1923 and 1924 the Hospital acquired additional land fronting on Fifth Avenue, 98th, and 99th Streets, and on part of the property erected an entirely new school and dormitory building, devoted exclusively to Nursing Education.



THE LOUNGE IS A FAVORITE GATHERING PLACE

THE SCHOOL OF NURSING

ALTHOUGH affiliated in every respect with the Hospital, The Mount Sinai Hospital School of Nursing is a separate organization and corporation, with its own officers and board of directors. Since its establishment in 1881 it has grown steadily and now is one of the largest and best known schools of nursing in the country.

Now, after sixty years, the school has graduated approximately three thousand nurses. In 1905, in accordance with the New York State law enacted that year, the school was registered by the Board of Regents of the State of New York. In 1941 it was accredited by the National League of Nursing Education.

The aim of the School of Nursing is to select young women who have aptitude for nursing and help them to develop into capable, conscientious nurses, ready to give their best service to society, and at the same time achieve an optimum of self-realization.

It is the desire of the School to maintain a standard commensurate with the unusual opportunities it has to offer, and to assist in meeting the demand of the public for a complete and well-rounded education for nurses. It is now clearly recognized that properly prepared nurses are an essential factor in the effort of society to deal with important social problems.

RESIDENCE

The school and residence building is one of the finest and most complete units of its kind in the world. The corridor connecting the Main Hospital and the Nurses' Residence is beautifully tiled, well-lighted and heated, and terminates in a commodious lobby facing the passenger elevators. On the corridor level are located the linen and store rooms, trunk room, nurses' laundry, nurses' sewing room, and shampoo room. On the ground floor are found the kitchen and six dining rooms. The kitchen is fully equipped and entirely independent so that the Nurses' Residence does not depend on service from the main hospital kitchen.

The street entrance opens on a foyer finished in French stone. Immediately adjoining the lobby is a reception alcove and opposite this an information desk and office with telephone switchboard, post office,



ONE OF THE STUDENT'S BEDROOMS

and buzzer signals to each room. From this foyer marble corridors lead to a library, lounge, and small reception rooms.

On the first floor in the center of the building there is a large hall for informal recreation, dancing, school theatricals, and public affairs; this hall is large enough to seat approximately four hundred persons, and has a curtained stage and two small dressing rooms.

An up-to-date fiction library of over fifteen hundred volumes, together with a supply of current magazines and daily papers, is open at all hours to the students of the School. The dormitory floors, the third to the eleventh inclusive, are designed for student nurses. A few of the larger rooms are equipped for double occupancy, but approximately eighty per cent of the capacity of the home is in single rooms. For each nurse there is a built-in wardrobe closet with a section for hanging clothes and an adjoining section containing shelves and sliding drawers. There is a wash basin, medicine cabinet, and long mirror in each room. Each dormitory floor has an informal sitting room for general use and a kitchenette.

The fourteenth floor is divided into three separate parts. Over the west wing there is a completely equipped infirmary, with accommodations for twelve nurses. Surmounting the center portion of the building is a gymnasium, appropriately designed, with a high ceiling and with huge windows to north and south. The east wing of the roof includes covered and uncovered sections from which one may look down on Central Park and across the Hudson to the Palisades, or across the East River to Long Island Sound.

EDUCATIONAL FACILITIES

The entire second floor in the Nurses' Residence is set apart for educational purposes. The area of the principal classroom floor is 12,000 square feet. This is exclusive of the large assembly hall, and of the classrooms of the department of nutrition which are in the hospital proper, adjoining the Special Diet Kitchen. There are four general class or lecture rooms, the largest of which can seat 150 students. The nursing laboratory is of equal size, and is completely equipped for teaching practical nursing to students; the science laboratories are well equipped, spacious and airy. There are two studies, one for the junior and one for the senior students, an up-to-date reference library containing over one thousand well selected volumes, massage and bandage teaching classrooms, and offices for the instructors.



THE SHAMPOO ROOM IN THE NURSES' RESIDENCE

The nutrition department, also modern and well equipped, comprises a large science or cookery classroom, a general classroom, a diet kitchen, and a dietitian's office.

The educational department is furnished throughout with the latest and most scientific equipment. Every opportunity and encouragement is given the student nurse to prepare herself to be a worthy representative of the nursing profession.

It is of the greatest importance to every school of nursing that the hospital with which it is associated shall be in a position to afford the fullest opportunity for comprehensive and thorough nursing education. The Mount Sinai Hospital, with its more than eight hundred beds, offers exceptional advantages in every respect to students of the School of Nursing. Students who enroll for the course are assured of excellent and varied clinical experience in medicine, surgery, pediatrics, gynecology and neurology—in addition to the Out-Patient Department and other special services. Each student nurse receives theoretical and practical experience in obstetrics by affiliation with the Sloane Hospital for Women, one of the units of the Columbia-Presbyterian Hospital Medical Center. Through affiliation, the opportunity is afforded for elective service in psychiatric nursing at the Westchester Division of the New York Hospital. Elective courses are also given by special arrangement in other hospital departments.



THE GYMNASIUM

EXTRA-CURRICULAR ACTIVITIES

THE School supports a complete department of physical education under a special instructor and assistants, as a means of offering broader education to students of nursing in opportunities for intelligent self-direction toward a richer, fuller life. The program includes instruction in the fundamentals of good body mechanics, modern folk, tap, and social dancing, and such sports as swimming, tennis, badminton, basketball, volleyball, shuffleboard, ping pong, and other games. The program extends into recreational pursuits and motivates individual interests in art, music, and the drama, under an elective credit system.

Under the direction of this department and student leadership there is a Recreation Athletic Club Association, which promotes individual interests in the Glee Club, current events and book reviews, picnics, hobbies, and the various sports groups.

The facilities for the program include a spacious, well equipped gymnasium with a roof extending from it, on the fourteenth floor of the Residence, and two tennis courts on the premises are available for the use of the students.

A Trustee of the School has established a "Pleasure Fund," the income of which is used for the entertainment of the students. Dances are given during the year to which the nurses have the privilege of inviting their friends. The commencement exercises are followed by a reception and dance given in honor of the graduating class.

All students in the School are members of the Student Association, which has many committees assisting with the welfare and social activities of the students. The executive group of this Association is known as the Student Council which operates in cooperation with faculty advisors. The Student Council consists of the presidents of each class, together with six other representatives of the student body. Office in this organization is determined upon the basis of the student's standing in the School.

New York City offers many points of interest and instruction with a variety of opportunities for the enjoyment of art and music. Students of the School are encouraged to use these opportunities for the cultivation of intellectual interests.

Loan Fund

A student loan fund may be drawn upon by any nurse with a satisfactory school standing who should need financial assistance during her nursing course.

HEALTH REGULATIONS AND HEALTH SERVICE

THE health of the student nurses is one of the chief concerns of those in charge of the School. All applicants must present a record of good health and a certificate showing successful vaccination against smallpox within three months before admission to the School. A physical examination is given by the School physician when the applicant reports to begin her course in nursing education. A chest X-ray is taken at this time and this is repeated at the time of the annual physical examinations.

Typhoid inoculations and Schick tests, with immunization for positive reaction, are required of all students. Mantoux tests and Dick tests will be given during the preclinical period and repeated whenever indicated.

The students' feet are examined by an orthopedic surgeon who prescribes the type of shoes to be worn. Since this examination is made within a few days after the admission of students, candidates are advised to postpone buying shoes for use while on duty until after their arrival at the hospital.

Special attention is given to the matter of normal weight and a monthly weight record is kept of all students. Any deviation from normal weight is given careful consideration.

The School of Nursing maintains a health service for its students. A well equipped infirmary with necessary staff, is provided in the Nurses' Residence. All students when ill are cared for by the physicians to the School, who are members of the staff of the hospital. For illness of short duration the expense of medical attention given the student is taken care of by the School. Students are expected to meet the expenses of dental care, and fitting of glasses if needed during their course.

Time lost through illness must be made up before graduation. This regulation includes the preclinical period.

Generous provision has also been made for the care during illness of nurses who have graduated from The Mount Sinai Hospital School of Nursing. This includes a room in the hospital endowed for their use.

GENERAL INFORMATION

NOTICE: The information given below is merely for applicant and student guidance. Full power of amendment and addition from time to time is reserved to the School, which cannot regard the following statements as formally binding.

Requirements for Admission

APPPLICANTS seeking admission to professional schools in New York State must obtain from the State Education Department a qualifying certificate.

To obtain a nurse student qualifying certificate for admission to a registered school of nursing the applicant must present evidence of graduation from a four-year, sixteen unit, general academic course, or its equivalent, in a secondary school accredited or approved by the New York State Education Department.

The high school course of study as prescribed by the New York State Education Department includes:

| | UNITS |
|--|-------|
| 1. English, four years | 4 |
| 2. Science, two years: one year of biology and one year of chemistry | 2 |
| 3. Social studies, two years | 2 |
| 4. Mathematics, one year | 1 9 |
| 5. Seven units in any elective subjects (exclusive of physical education) taught in a secondary school, but not more than four units to be chosen in any one subject field | 7 7 |
| Total Units | — 16 |

Selection of applicants is confined to those who rank in the upper half of their high school class. Preference is given to those who rank in the upper third of their class, or have college preparation.

Applicants desiring to apply for admission to the School should be between the ages of 18 and 30 years, and must present proof satisfactory to the School of physical and personal fitness. The applicant must pass such physical examinations as may be prescribed by the School. Physical and personal fitness of which the school shall be the judge are conditions of admission.

A candidate wishing to enter the School of Nursing should apply by letter or in person. Whenever possible a personal interview with



ONE OF THE KITCHENETTES

applicant is desired. Appointments to meet the Principal of the School may be made either by letter or by telephone.

All candidates are required to make formal application in writing on the blanks furnished by the School. The application must be accompanied by these additional papers:

1. Personal letter, giving brief autobiographical sketch, with emphasis on educational advantages and special interests.
2. Two letters of recommendation satisfactory to the School from persons other than relatives, who have known the applicant for some time and can testify to her good character and qualifications for the profession of nursing.
3. A certificate of health (blank furnished by the School), based on physical examination by the applicant's own physician, and testifying to sound health and absence of physical handicaps. A dental certificate (blank furnished by the School).
4. Copy of high school and college records (blanks furnished by the School) and qualifying certificate from the State Education Department.
5. A passport photograph, unmounted. Snapshots are not acceptable.

Applicants are required to take aptitude tests given by the Testing Service Division for Schools of Nursing of the Psychological Corporation. A card of application for admission to this examination will be forwarded to the applicant, with the necessary instructions, after the Committee on Admissions have evaluated her credentials.

No decision can be reached regarding the eligibility of any student until all required credentials have been completed and forwarded to the School. Those candidates who appear to the School to be best qualified are given preference in admission.

Detailed information concerning uniforms and other necessary equipment is forwarded to applicants after they are accepted for admission.

Citizenship Requirement

The Education Law relating to the practice of nursing requires that every person admitted to the examinations for license as a registered nurse must submit evidence that she is a citizen of the United States, or that she has declared her intention of becoming a citizen.

United States Cadet Nurse Corps

Applicants who meet the requirements for admission to the school are eligible for membership in the United States Cadet Nurse Corps.

The Government application for membership in the corps can not be signed until all other application forms for the school are complete and have been approved.

Students who are members of the Cadet Corps are at the same time members of the school and upon graduation are eligible for the state licensing examinations. Applicants are required to state on a special school blank, provided for the purpose, whether they wish to become members of the Cadet Corps or wish to enter the school as independent students.

Religion

The School is non-sectarian and has no formal connection with any particular denomination. The students are encouraged to attend the churches with which they have been previously affiliated. Notices of church services of all denominations throughout the city are posted on the School bulletin board.

Monthly Stipend

For the duration of the war, all students who are not members of the U. S. Cadet Nurse Corps, will receive a stipend of \$8.00 a month, following the preliminary period.

Fees and Deposits

A registration fee of \$100 is required of all students, payable before entrance. Checks should be made payable to The Mount Sinai Hospital School of Nursing.

A gymnasium fee of \$5, payable before entrance, is required of all students.

A deposit of \$1.50 is required of all students for keys furnished to them for room, wardrobe, and post-box. This deposit will be returned to the student when the keys are turned in to the information desk of the Nurses' Residence.

Students living any considerable distance from the School are required to deposit the amount of their return carfare upon arrival. This deposit is returned to the student at any time during the first year should she sever her connection with the School, otherwise it will be returned when she is granted her first year's vacation.

During the preclinical period the student is required to furnish her own uniforms. After the successful completion of this period the School uniform is furnished by the hospital. Text books are provided without charge throughout the entire course. All such equipment remains the property of the School and is to be returned should a student leave the School.

Room, board, and laundry are provided without charge throughout the course.

Length of Course

The course of theoretical and practical instruction covers a period of three years.

Entrance of Classes

Classes are admitted twice during the year, in February and in September. Candidates are expected to report promptly on the date assigned.

Hours of Duty

During the preclinical term the student is engaged in intensive study, with short periods of formal practice in the hospital under the direct supervision of the instructors in nursing arts. During the entire course the students have a 48-hour weekly schedule, which includes classes.

Vacation and Other Absences

Four weeks of vacation are granted to each student, twice during the three-year course: end of first and second years. Dates of vacation are determined by the School.

Students will not be excused during the course to nurse relatives at home or for other personal reasons. In the event that a student is obliged to be away from the School for a period exceeding four weeks, the date of her return and her class standing at that time will be determined by the Principal of the School.

Withdrawal

The School reserves sole discretion concerning the student's fitness



ACTIVITIES IN STUDENTS' LOUNGE

to continue connection with it, and the right at any time to require the student's withdrawal for reasons which it deems sufficient.

Requirements of Scholarship and for Graduation

Examinations, written, oral, and practical, are held during and at the end of the course in each subject. The passing grade of the School is 75%, which is the same as the passing grade required by the Regents of the State Education Department. Students who fail to maintain a general average of 80%, however, cannot be considered as meeting the required scholarship grade, and may be requested to withdraw from the School. The diploma and pin of The Mount Sinai Hospital School of Nursing will be conferred upon those students who have satisfactorily completed the course in theory and practice.

State Registration

A registered school of nursing is one which meets the educational requirements of the Board of Regents of the University of the State of New York. Graduates of The Mount Sinai Hospital School of Nursing are eligible for the examinations of the Board of Regents. These examinations are held three times a year (January, May, October) under the direction of the Department of Education of New York State. After passing these examinations graduates of the School become Registered Professional Nurses (R.N.).

Registry

The Mount Sinai Hospital School of Nursing maintains its own registry for graduates of the School who desire to be enrolled for private duty nursing. Thus employment for our graduates is facilitated.

Directions for Reaching School

Applicants who wish to apply in person, but who are not familiar with the city, can reach the School or Hospital by means of the Fifth Avenue Buses (Nos. 2, 3, or 4), or the Madison Avenue Buses.

All baggage should be plainly addressed with name in full, care of The Mount Sinai Hospital School of Nursing, 5 East 98th Street, New York City, and should be sent prepaid.

SCHOLARSHIPS AND SPECIAL ENDOWMENT FUNDS

THE School of Nursing is unique in its possession of special endowment funds, the interest of which is used for the benefit of the student nurses. In all, these funds represent a capital of about one hundred and eighty thousand dollars, and they indicate in a most impressive manner the active interest taken in the school by the Board of Directors and its friends.

Albert W. Scholle Memorial Fund \$40,000.00

Founded by William and Frederic Scholle as a tribute to the memory of their father, to provide a vacation and recreation fund for The Mount Sinai Hospital student nurses.

*Estelle and Hugo Blumenthal Scholarship and
Graduation Fund \$35,000.00*

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship to the student of the graduating class chosen for special fitness to advance in the profession of nursing by taking courses at Teachers' College, Columbia University. This fund also provides an award to each graduating student.

Emil Berolzheimer Memorial Fund \$20,000.00

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer. The income to be used for higher education of students.

Murry Guggenheim Scholarship Fund \$20,000.00

Established in 1905 to provide annually twelve scholarship awards, of \$100. each to students who have shown exceptional ability during the year. Eight of these scholarships are awarded to the senior class, and four to the intermediate class. The Fund is administered by the Board of the School, but the selection of the students to whom prizes are awarded is in charge of the Principal of the School and her staff.

Jacques D. Wimpfheimer Memorial Fund \$10,000.00

Founded by Charles Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during her course may call upon this fund.

Lillie Stern Scholle Pleasure Fund \$9,000.00

Founded by Albert W. Scholle. The income to be used largely to defray the expenses of parties, dances, and social gatherings of the students.

Sick Nurses' Fund \$5,000.00

Established by Directors of the School and the Trustees of the Hospital and contributed to by them from time to time. Income and principal used to defray the expenses of graduate nurses and students of the School while sick and not confined in The Mount Sinai Hospital.

Mr. and Mrs. Sam S. Steiner Fund \$5,000.00

Founded by Mr. and Mrs. Sam S. Steiner in memory of their beloved son, William J. H. Steiner. The income to be used for the relief of needy graduates of the School.

*Carrie M. and Gustav Blumenthal Graduating**Prize Fund* \$5,000.00

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors may from time to time deem advisable.

Kalman and Harriet F. Haas Fund \$3,000.00

Founded by Kalman Haas. The income to be used for the general purposes of the School.

Solomon and Betty Loeb Fund \$2,500.00

Founded by Solomon Loeb. Income to provide annual prizes to students.

Carrie Untermeyer Fund \$2,500.00

Founded by Mrs. Carrie Untermeyer. To establish an award of \$100. annually to the student graduating who has the best record for kindness and proficiency in bedside nursing.

Education Fund \$2,500.00

Founded by Mrs. Berthold Levi in memory of Berthold Levi. The income to be used for higher education of students.

*Mr. and Mrs. Morris Fatman Relief Fund for**Graduate Nurses* \$2,500.00

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Charles A. Wimpfheimer Special Relief Fund \$2,500.00

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the School.



A CHILDREN'S WARD IN THE HOSPITAL

Eugene Meyer, Jr. Library Fund \$2,000.00

Founded by Eugene Meyer, Jr. The income to be used to supply books and magazines for the School library.

Any C. and Fred H. Greenebaum Fund \$2,000.00

Established by Mr. and Mrs. Fred H. Greenebaum. Income to be used for an annual award to the most deserving student nurse in any class.

Daniel Kops Prize Fund \$2,000.00

Founded by the Employees of the House of Kops in memory of Daniel Kops. The income to be applied to the awarding of a prize to the nurse who holds the best record for bedside nursing and kindness to patients.

Isabella Freedman Fund \$1,500.00

Established by Mrs. Isabella Freedman. The income to be used for one or two awards to students in the graduating class who have shown marked ability, proficiency, and interest in their work.

THE CURRICULUM

The course of instruction, covering three years, is planned as follows:

| First Year | WEEKS |
|----------------------------|-------|
| Preclinical Term | 20 |
| Junior Term | 28 |
| Second Year | 48 |
| Third Year | 52 |
| Vacation | 8 |

Preclinical Period

The first twenty weeks constitute the preclinical course, which is a period of intensive instruction and study, and also a time of adjustment. During this time the students are given instruction in the principles and techniques of nursing practice, together with courses in the fundamental sciences essential to an understanding of nursing. At the beginning of the eighth week students are placed for short periods daily on the hospital wards, in order that they may practice, under the instructors' supervision, the procedures taught in the classroom. The average weekly schedule for this term includes approximately thirty hours of classroom and laboratory instruction, physical education, and supervised ward practice. At the conclusion of this term students who have demonstrated their ability and show promise of further development are advanced to the next term.

Second and Third Term of First Year

Following the successful completion of the preclinical term, the students enter the clinical period. During the first four months (block period) they are assigned to the medical and surgical wards and concurrently they receive class instruction in medical and surgical nursing and related subjects. Following the block period students are assigned to the diet-therapy laboratory and operating rooms.

Second Year

Students are assigned this year to the out-patient department, general medical and surgical wards, special services; i.e., gynecological, Orthopedic, Eye, Ear, Nose and Throat. Towards the end of this year

students receive their obstetric nursing experience at Sloane Hospital, Columbia-Presbyterian Medical Center.

Third Year

During the third year, students are assigned to the general and special wards, which include the neurological, the urological, the emergency service, and the children's department. During this year opportunity for elective work in psychiatric nursing and other specialties is given. Special electives are assigned on the basis of scholarship standing and nursing achievement.

CURRICULUM CONTENT

| <i>Preclinical Period</i> | <i>Hours</i> |
|---|--------------|
| Anatomy and Physiology | 105 |
| Chemistry | 60 |
| Microbiology | 30 |
| Pharmacology and Therapeutics | 45 |
| Nutrition, Foods and Cookery | 45 |
| History of Nursing | 15 |
| Professional Adjustments I | 15 |
| Psychology | 15 |
| Sociology | 15 |
| Nursing and Health Service in the Family | 5 |
| Physical Education | 30 |
| Nursing Principles and Practice | 160 |
| <i>Clinical Period</i> | |
| Diet Therapy | 30 |
| Introduction to Medical Science | 15 |
| Nursing and Health Service in the Family | 10 |
| Social Problems in Nursing Service | 15 |
| Community Health Problems | 10 |
| Medical Nursing (including Skin and Veneral diseases and tuberculosis) | 75 |
| Surgical Nursing (including gynecology, urology and orthopedics) | 80 |
| Eye, Ear, Nose and Throat Nursing | 15 |
| Operating Room Technique | 45 |
| Pediatric Nursing (including Communicable Diseases, Child Development and Guidance) | 60 |
| Nursing in Psychiatric and Neurological Conditions | 30 |
| Professional Adjustments II | 15 |
| <i>Affiliations</i> | |
| Obstetrics | 45 |
| Psychiatry (elective) | 60 |
| Ward Teaching during the Three Years (conferences and clinics) | 210 |



SCIENCE COURSES ARE SUPPLEMENTED BY LABORATORY WORK

| <i>Clinical Experience</i> | <i>Weeks</i> |
|---|--------------|
| Preclinical Period | 20 |
| Medical Service | 13-20 |
| Surgical Service | 13-20 |
| Gynecological Service | 6 |
| Orthopedic Service | 3 |
| Ear, Nose and Throat Service | 3 |
| Diet Kitchen | 4 |
| Operating Room Service | 8 |
| Emergency Nursing Service | 4 |
| Pediatric Service | 12 |
| Obstetrics (Sloane Hospital for Women, Medical Center, Columbia-Presbyterian) | 12 |
| Private and Semi-Private Patients Service | 4 |
| Out-Patient Department | 8 |
| Elective or Senior Assignments in a Special Service | 12 |
| Psychiatry (Westchester Division New York Hospital) | 12 |
| or | |
| Neurological Service | 8 |
| Central Supply Service | 4 |
| Vacation | 8 |

SUMMARY

| | <i>Class and Lab. Hrs.</i> | <i>Clinics and Conferences</i> | <i>Practice (Approx.)</i> | <i>Total Hours</i> |
|-----------------------|--------------------------------|------------------------------------|-------------------------------|------------------------|
| First Year | 785 | 65 | 1,327 | 2,177 |
| Second Year | 150 | 70 | 2,084 | 2,304 |
| Third Year | 50 | 75 | 2,179 | 2,304 |
| Total | 985 | 210 | 5,590 | 6,785 |

This does not include the hours of instruction given in the special electives.

DESCRIPTION OF COURSES

Anatomy and Physiology

This course is designed to give a knowledge of both the microscopical and gross structure and function of the human body; to give an appreciation of its efficiency through factors which adjust their functions to each other in relation to the well-being of the whole; to acquire the ability to apply physiological principles and to form the basis for subsequent courses related to nursing.

Fresh animal specimens and the fetal pig are used for dissection.

Lecture-demonstration, class discussion and laboratory . . . 105 Hours

Chemistry

The content of this course is carefully selected from the fields of general, organic, and physiological chemistry, the selection based on the needs of nursing students and closely related to physiology, microbiology, dietetics, and other nursing subjects.

Lecture-demonstration, class discussion and individual

laboratory 60 Hours

Microbiology

A study of the principles of microbiology and the practical application of the science to nursing in order to give an appreciation of the part which micro-organisms play in health and disease; to teach the physical and chemical agents which are used to inhibit and destroy the growth of micro-organisms; to study the effects of pathogenic organisms in the body; how the body builds up its own resistance and the methods of establishing artificial resistance; and to learn the relationship of micro-organisms to certain specific diseases.

Lecture-demonstration, class discussion and laboratory . . . 30 Hours

Pharmacology and Therapeutics

The study of drugs from the standpoint of their therapeutic action, mathematics of pharmacology, the accurate and intelligent administration of medicine, observation and report of results. Every effort is made to furnish the nurse with sufficient knowledge about the therapeutic action of drugs to enable her to cooperate intelligently with the physician in securing desired results and to familiarize her with toxic drugs and doses.

Lectures, class discussion, demonstration of drugs . . . 45 Hours

Nursing Principles and Practices

This course is intended to develop a sound understanding of the scientific principles underlying all nursing procedure, to aid in their application, to stimulate a sympathetic interest in the patient, to develop manual dexterity, and to establish intelligent ability to deal with all nursing duties or problems.

Instruction in the principles and practices of nursing begins in the preliminary course and extends in various forms, both in the classroom and in careful supervised practice on the wards, throughout the entire three years.

Lecture-demonstration, class discussion, and laboratory . . . 160 Hours

Physical Education

The aim of the course is to provide opportunities in physical activities to meet individual needs and interests. Special emphasis is given to corrective gymnastics. Activities offered for class work and recreation are: dancing, swimming, tennis, gymnasium games such as basketball, volley ball, badminton, ping pong, etc.

30 Hours

Professional Adjustments I

A general consideration of fundamental ethical and philosophical principles and their application to problems which arise in the practice of nursing. The course helps the student adjust to her new environment and enables her to realize better her obligations to associates, patients, physicians, to the School, and to the community which she will serve.

Lectures and class discussion . . . 15 Hours

History of Nursing

A survey of the history of nursing tracing its development from the earliest beginnings to the present, and its progress under religious, military, and secular influences. The course is designed to give the student a fuller appreciation and helpful inspiration by familiarizing her with the traditions and ideals of those leaders who have devoted their lives to nursing.

Lectures and class discussion . . . 15 Hours

Nutrition and Cookery

Designed to teach the student the principles of nutrition and preparation of food as they apply to herself, her patient, the family; to give her an understanding of the basic principles involved and their application in promoting growth and maintaining health in the feeding of normal people.

Lecture, class discussion and laboratory 45 Hours

Diet Therapy

This course aims to give the student an appreciation of the importance of dietary modifications in the treatment of disease; to prepare her so that she may apply these principles in the necessary modifications of the normal diet; to give her practice in preparing and serving food in such a way as to secure maximum results from dietary treatment.

Lecture, class discussion and laboratory 30 Hours

Psychology

An elementary course which aims to give the student an insight into human behavior and the principles involved in habit formation and personality adjustment, that she may develop better control of her own personal and professional relationships and a deeper sympathy and understanding of her patient in his adjustment to illness.

Lectures and class discussions 15 Hours

Sociology

A study of social situations; the family, community and economic factors as they apply particularly to nursing and to community health and welfare.

Lecture, field trips, reports 15 Hours

Introduction to Medical Science

A course in elementary pathology dealing with the various changes which take place in the body as the result of disease, and emphasizing the importance of the measures most frequently used in clinical diagnosis.

Lectures, class discussion, trips to Pathological Museum . . . 15 Hours

Medical and Surgical Nursing

An integrated course studying nursing care and management; social and economic implications; the medical and surgical aspects of diseases affecting the various systems of the body which are taken up as units; i.e., respiratory, circulatory, digestive, musculoskeletal, reproductive, skin and special senses.

Lectures, Ward Clinics, Discussion and Demonstration . . . 145 Hours

Nursing and Health Service in the Family

Designed to give the student an appreciation of the health needs of the community and of the community resources that may be called upon to aid the hospital in restoring the patient to health. The student is made aware of the variety of adjustments that illness demands of the patient and his family. Orientation in the work of the Out-Patient Department is included.

Lectures and discussions 15 Hours



THE REFERENCE LIBRARY IN THE SCHOOL RESIDENCE

Community Health Problems

The relationship of sanitary science—i. e., water supply, ventilation, sewage disposal, the protection and control of milk and food supplies, food adulteration, etc.—to health.

Lectures, class discussion and excursions 10 Hours

Operating Room Technique

This course provides for an understanding of the principles of operative aseptic technique, the use of operating room equipment, the preparation of the patient for anesthesia and operation; and aims to develop skill and intelligent response in assisting the surgeon during operations and in emergencies.

Lecture-demonstration 45 Hours

Nursing in Diseases of the Eye, Ear, Nose, and Throat

A review of the anatomy of the eye, ear, nose, and throat, and descriptions of the common diseases of these structures including the treatment and nursing care. Special stress is placed on the preventive aspects of diseases of the eye, ear, nose, and throat.

Lectures and clinics 15 Hours

Social Problems in Nursing Service

This course is designed to give the student an appreciation of the social and economic implications of Medical and Surgical conditions and how adjustments are made in times of illness to facilitate recovery.

Lectures and class discussion 15 Hours

Obstetric Nursing

The course of instruction deals with normal and pathological pregnancy, the management of normal and abnormal labor, and the necessary care during the normal and abnormal puerperium. The course prepares the student to advise and instruct mothers in the care of their own health before and after child-birth and teaches them to adapt hospital procedures to the home. It is given at the Sloane Hospital for Women.

Lectures, clinics by obstetrician, classes and demonstrations in
maternity wards, delivery rooms, and nurseries 45 Hours

Pediatric Nursing (including communicable diseases)

This course deals with normal growth and development, infant and child nutrition, and the diseases of infancy and childhood, including communicable diseases, with special emphasis on the nursing care and preventive treatment. The child is also studied as an individual, a member of the family and community from the standpoint of normal physical, mental, and social development.

Lecture, class discussion and demonstration 60 Hours

Orthopedic Nursing

A study of orthopedic conditions and their treatment.

Lectures and discussion 10 Hours



CLASSROOM INSTRUCTION IN NURSING ARTS



THE CAPPING CEREMONY

Psychiatric Nursing

This course deals with a study of psychopathic and neurological conditions, their causes and treatments, emphasizing the relationship between mental and physical illness, and the importance of developing an intelligent attitude toward mentally ill patients.

Lectures, class discussion and demonstration 30 Hours

Special Elective, Psychiatric Nursing

New York Hospital, Westchester Division 90 Hours

Professional Adjustments II

The object of this course is to introduce the student to the varied branches of nursing through a general survey of the profession in order that she may select with greater intelligence the particular field in which she is likely to find the greatest interest and success; to give her knowledge of the nursing organizations, the results of recent surveys of the nursing profession, and an opportunity to learn the trends and advances in the profession.

Lectures 15 Hours

OPPORTUNITIES IN NURSING

THE study of nursing broadens the education of the individual and makes her a more valuable member of her community. During the course the student gains a knowledge of life, of health, and of the prevention of disease, a richer understanding of human nature.

Such education is an excellent preparation for the woman who may some day be responsible for the administration of her own home and for bringing up her children.

In no other line of work for women in the world is there greater opportunity from which to choose. The opportunities may be grouped under four main categories:

Private duty nursing.

Institutional nursing.

Executive nursing work in hospitals.

Public health nursing.

Nursing in other special fields.

Private duty nursing in a home or in a hospital may be full time with one patient, or group nursing with several patients. There is still a demand for such work, but it must be remembered that this form of nursing, unlike some of the other branches, does not usually offer opportunity for advancement as the years go by.

To the graduate registered nurse who has exceptional ability and is willing to continue her education, broad and interesting opportunities are presented in the field of executive work. Some possible positions are enumerated:

Dean or Principal of Schools of Nursing.
Superintendent of Nurses.
Supervisor of Instruction.
Superintendent of Hospitals.
Supervisor of Special Departments.
Head Nurse of Special Departments.
Instructor in Sciences in Schools of Nursing.
Instructor in Nursing Arts in Schools of Nursing.
Social Service Worker.
Social Director in Schools of Nursing.

Among Public Health opportunities are:

Settlement or District Nursing.
Infant and Child Welfare Work.
Industrial Nursing.
Rural or Community Nursing.
School Nursing.
State and Municipal Health Department Nursing.

Other attractive special fields are:

Red Cross Nursing.
Federal Nursing Services.
Missionary Nursing.
Work as Resident Nurse—School or College.
Work in Doctor's Office.

ALUMNAE ASSOCIATION

THE Mount Sinai Hospital Alumnae Association was organized in 1893. It has a three-fold object: to promote fellowship among its members, to improve the professional work of the graduates, and to care for the members when ill.

After many years of successful existence the Association has a membership of over seven hundred. Meetings are held monthly during nine months of the year, in the Nurses' Residence.

The Association is affiliated with the County and State organizations, as well as with the American Nurses' Association.

Through the generosity of friends of the School, a comfortable room known as the "Alumnae Room" has been endowed in the hospital, where graduates of the School may have the advantage of skilled medical and nursing care.

The Association publishes a monthly bulletin containing the minutes of each meeting, items of interest to the graduates, and special medical and surgical articles.

The Association desires to interest the student nurse in Alumnae affairs from the beginning of her course to the time of her graduation. The members realize that only in this way can its ranks be strengthened and the scope of its work broadened.

SPECIAL ADVICE TO CANDIDATES

CANDIDATES should select most carefully the school in which they desire to study. They should always seek to enter the best school to which their qualifications entitle them.

The good schools are those which offer varied opportunity in clinical experience, and sound instruction in theory. To give the necessary variety of experience the hospital connected with the school

should care for at least two hundred bed patients every day. In these schools are found the better prepared instructors, well equipped classrooms, reasonable hours of duty, good living conditions, and a well-organized health and recreational program.

In a state or country where nurses are registered it is important for the candidate to select a school approved by the State Education Department, or by some other body legally empowered to do so, in order that she may obtain professional recognition.



Photographs by Harold Halliday Costain, Irving Underhill, Inc., Wide World Photos, Inc., Emerson Yorke Studio and Harmon Foundation. Drawing of the School seal made by Harry J. Fleming.

